

**Full year program led by 6th  
Degree Blackbelt, Master  
Rita, Kicking off in October!**

**Tues. & Wed., 5:30 - 6:30 pm**



## **For Girls Age 6+**

In this amazing program, girls not only expand their karate skills, but also build confidence, gain strength, flexibility and are empowered!

**Program includes 2 sessions per week, uniforms & belts, grading ceremonies, family showcase nights and tournament(s).**

**\$600 for the full year\***

**Sibling discounts, 10% discount if paid in full at registration. \*Payment plans available**

**Tournament, grading dates to follow**



**Empowering Girls and Women Every Day, Every Step of the Way**  
**Annual membership fee \$25...year 'round programs for all girls**

**Established in 1864 and Proudly Recognized as the first Girls Club in the US.**  
**Serving Girls in our Community for over 162 years.**